2027 PLANNER

Weekly Planner

Undated Monday-start week spreads • print as many as you need

2027

Week at a glance

- Monday
- Tuesday
- Wednesday
- Thursday
- Friday
- Saturday
- Sunday

This week's focus

WEEKLY SPREAD

Week of _____

Monday start • undated

MON	TUE	WED	THU

FRI	SAT	SUN

WEEKLY SPREAD

Week of _____

Monday start • undated

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

PRIORITIES

NOTES

WEEKLY TRACKER

Habits & Wins

Tick daily • celebrate small wins

Habit	MO	TU	WE	TH	FR	SA	SU	Notes
Move body	☐	☐	☐	☐	☐	☐	☐	
Water	☐	☐	☐	☐	☐	☐	☐	
Read	☐	☐	☐	☐	☐	☐	☐	
No phone AM	☐	☐	☐	☐	☐	☐	☐	
Tidy 10 min	☐	☐	☐	☐	☐	☐	☐	
Deep work	☐	☐	☐	☐	☐	☐	☐	
Kindness	☐	☐	☐	☐	☐	☐	☐	
Sleep by 11	☐	☐	☐	☐	☐	☐	☐	

Win of the week

Next week I will...