ADHD Impulse Spending Pause & 72-Hour Wishlist Log for

2-PAGE EMERALD & PEONY EDITION PDF

Assignments

Course	Task	Due	Weight	Done

ADHD Impulse Spending Pause & 72-Hour Wishlist Log for

2-PAGE EMERALD & PEONY EDITION PDF

January 2026

SUN	MON	TUE	WED	THU	FRI	SAT
						1 ☐
2 ☐	3 ☐	4 ☐	5 ☐	6 ☐	7 ☐	8 ☐
9 ☐	10 ☐	11 ☐	12 ☐	13 ☐	14 ☐	15 ☐
16 ☐	17 ☐	18 ☐	19 ☐	20 ☐	21 ☐	22 ☐
23 ☐	24 ☐	25 ☐	26 ☐	27 ☐	28 ☐	29 ☐
30 ☐	31 ☐					

Exam 1

Exam 2

Exam 3

Exam 4