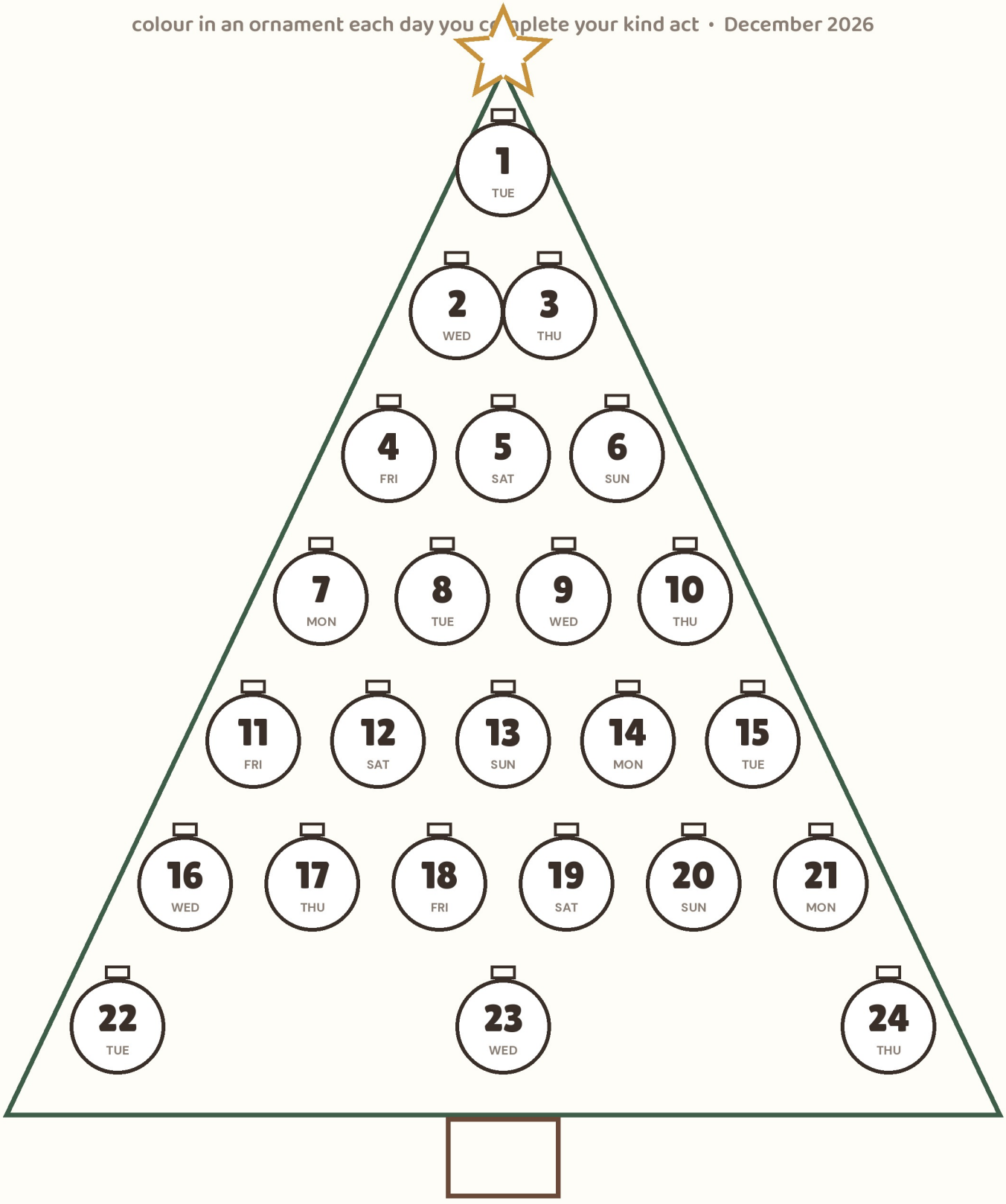
24 days of

KINDNESS

colour in an ornament each day you complete your kind act • December 2026



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Kindness Countdown Cards

cut out, fold in half and tuck one into each pocket, envelope or box

1

Make a card for a neighbour

Dec 1

2

Donate a toy you've outgrown

Dec 2

3

Say thank you to your teacher

Dec 3

4

Help cook dinner

Dec 4

5

Leave a kind note on a mirror

Dec 5

6

Call a grandparent

Dec 6

7

Pick up litter at the park

Dec 7

8

Feed the birds

Dec 8

9

Read a story to someone younger

Dec 9

10

Give 3 compliments today

Dec 10

11

Make a treat for the mail carrier

Dec 11

12

Tidy a room without being asked

Dec 12

13

Donate food to a food bank

Dec 13

14

Draw a picture for a friend

Dec 14

15

Share your favourite snack

Dec 15

16

Make a bird feeder

Dec 16

17

Write a thank-you to a helper

Dec 17

18

Hold the door for people

Dec 18

19

Sing a carol to someone

Dec 19

20

Let someone else choose the movie

Dec 20

21

Make a 'you're awesome' sign

Dec 21

22

Help wrap presents

Dec 22

23

Hug everyone in your family

Dec 23

24

Leave cookies for Santa & carrots for reindeer

Dec 24

My Kindness Journal

Name _____ Age _____

The kindest thing I did this December...

Someone who was kind to me

How it made me feel (draw it!)

A kind act I want to keep doing in 2027