CUT-OUT LUNCH BOX NOTES

Love & encouragement

Cut along the dashed lines, fold in half or tuck straight into the lunch box



You've got this today!

love, _____



I'm so proud of you.

love, _____



Be kind. Be brave. Be you.

love, _____



Someone is lucky to sit with you.

love, _____



Believe in yourself!

love, _____



You make my day brighter.

love, _____



Try your best, that's enough.

love, _____



I love you to the moon!

love, _____

CUT-OUT LUNCH BOX NOTES

Jokes & giggles

Cut along the dashed lines, fold in half or tuck straight into the lunch box



What do you call a sleeping dinosaur? A dino-snore!

love, _____



Why did the banana go to the doctor? It wasn't peeling well.

love, _____



What do cows drink? Moo-lk!

love, _____



Why can't you trust stairs? They're always up to something.

love, _____



What's a cat's favourite colour? Purr-ple!

love, _____



How do you make a tissue dance? Put a little boogie in it.

love, _____



What do you call cheese that isn't yours? Nacho cheese!

love, _____



Why did the cookie go to school? To get a bit smarter!

love, _____

CUT-OUT LUNCH BOX NOTES

Fun challenges

Cut along the dashed lines, fold in half or tuck straight into the lunch box

Say hi to someone new today.

love, _____

Learn one new fact and tell me tonight.

love, _____

Do one kind thing for a friend.

love, _____

Smile at three people.

love, _____

Find something blue at school.

love, _____

Draw a doodle on the back of this note.

love, _____

Tell me your best joke at dinner.

love, _____

Share your favourite part of lunch.

love, _____