Neurodivergent Weekly Reset & Sunday Admin Dashboard for

2-PAGE CORAL & EMERALD EDITION PDF



Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

Priorities

Neurodivergent Weekly Reset & Sunday Admin Dashboard for

2-PAGE CORAL & EMERALD EDITION PDF

	1	2	3	4	5	6	7
Skincare							
Read 20 pages							
Floss							
Call family							
Practise language							
Gratitude							
Sunlight AM							
Sleep by 10:30							

Work

Home

Self

Next week