Neurodivergent Weekly Reset & Sunday Admin Dashboard for

2-PAGE EMERALD & PEONY EDITION PDF

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

Priorities

Neurodivergent Weekly Reset & Sunday Admin Dashboard for

2-PAGE EMERALD & PEONY EDITION PDF



	1	2	3	4	5	6	7
Vitamins							
Drink 2L water							
Skincare							
Sunlight AM							
Tidy 10 min							
Walk 10k steps							
Journal							
Call family							

Work

Home

Self

Next week