Neurodivergent Weekly Reset & Sunday Admin Dashboard for

2-PAGE ELECTRIC VIOLET & ROSE EDITION PDF



Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

Priorities

Neurodivergent Weekly Reset & Sunday Admin Dashboard for

2-PAGE ELECTRIC VIOLET & ROSE EDITION PDF



	1	2	3	4	5	6	7
Walk 10k steps							
Drink 2L water							
Floss							
Cold shower							
Plan tomorrow							
Skincare							
Sunlight AM							
Read 20 pages							

Work

Home

Self

Next week