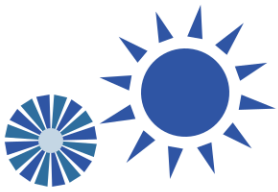
Neurodivergent Weekly Reset & Sunday Admin Dashboard for

2-PAGE AEGEAN COBALT & SUN EDITION PDF



Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

Priorities

Neurodivergent Weekly Reset & Sunday Admin Dashboard for

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	1	2	3	4	5	6	7
Gratitude							
Protein goal							
Stretch							
Floss							
Sleep by 10:30							
Tidy 10 min							
No phone in bed							
Eat veggies							

Work

Home

Self

Next week