Neurodivergent Weekly Reset & Sunday Admin Dashboard for

2-PAGE ROYAL SAPPHIRE & CORAL EDITION PDF



Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

Priorities

Neurodivergent Weekly Reset & Sunday Admin Dashboard for

2-PAGE ROYAL SAPPHIRE & CORAL EDITION PDF



	1	2	3	4	5	6	7
Journal							
No sugar							
Drink 2L water							
Walk 10k steps							
Floss							
Stretch							
Practise language							
No takeout							

Work

Home

Self

Next week