Neurodivergent Weekly Reset & Sunday Admin Dashboard for

2-PAGE TERRACOTTA & TURQUOISE EDITION PDF

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

Priorities

Neurodivergent Weekly Reset & Sunday Admin Dashboard for

2-PAGE TERRACOTTA & TURQUOISE EDITION PDF



	1	2	3	4	5	6	7
Plan tomorrow							
No phone in bed							
Cold shower							
Vitamins							
Stretch							
No sugar							
Meditate							
Gratitude							

Work

Home

Self

Next week