Task Paralysis Breaker & 5-Minute Starter Sheet for

2-PAGE TANGERINE & TEAL EDITION PDF

ENTRY

- [ ] Wipe skirting
- [ ] Load dishwasher
- [ ] Clean toilet
- [ ] Sort mail
- [ ] Clean oven
- [ ] Wipe fridge
- [ ] Wipe switches
- [ ] Empty bins

LIVING ROOM

- [ ] Clean mirrors
- [ ] Clean oven
- [ ] Change sheets
- [ ] Descale kettle
- [ ] Wipe switches
- [ ] Wipe benches
- [ ] Wash windows
- [ ] Load dishwasher

OFFICE

- [ ] Wipe skirting
- [ ] Clean oven
- [ ] Clean mirrors
- [ ] Mop kitchen
- [ ] Sweep porch
- [ ] Wipe switches
- [ ] Change sheets
- [ ] Wipe benches

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	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Kitchen							
Office							
Bedroom							
Outdoor							
Kids' Room							

Donate pile

Monthly deep clean

Supplies to buy

Fix-it list