2026 LOOK-BACK

My Year in Review

One highlight for every month — big or small

January	February	March	April
★	★	★	★

May	June	July	August
★	★	★	★

September	October	November	December
★	★	★	★

2026 FAVOURITES

Best of My Year

Write down what you loved, watched, read and ate

Book

Film / TV show

Song / album

Meal

Trip or day out

New thing I tried

Person who made me smile

Purchase I loved

REFLECT

Wins, Lessons & Thanks

Look back kindly at what 2026 taught you

My biggest wins

Things I'm proud of

Lessons I learned

Tough moments I got through

People & things I'm grateful for

NEW YEAR

Looking Ahead to 2027

Let go, welcome in and choose your word

My word for 2027

I'm leaving behind

I'm welcoming in

My 5 goals for 2027

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